



The Importance of Chores

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Chores are important because they:

- ★ Teach responsibility
- ★ Help children develop self-confidence and promote positive self-esteem
- ★ Instill a sense of belonging and contribution to the family unit
- ★ Help children learn time management skills, prioritize tasks, and gain general organizational abilities

Chores need to be:

- ★ Developmentally appropriate to the child's age
- ★ Assigned with the expectation that they will be completed in a timely manner
- ★ Monitored by parents providing consistent consequences when chore assignments are ignored
- ★ Completed by the child, not a parent after the child fails to comply

Children can be paid for chores, but some chores need to be done without monetary compensation as part of having a role in the daily operations of the family.